



Power CookerTM EXPRESS

6-Quart Pressure Cooker



OWNER'S MANUAL

MODEL #YBD60-100



IMPORTANT:

**Do Not Use This Power Cooker Until You Have
Read This Entire Manual Thoroughly!**

Warranty information inside.

SAVE THESE INSTRUCTIONS. FOR HOUSEHOLD USE ONLY.



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LIMITED

**MANUFACTURER'S
WARRANTY**

The manufacturer warrants that your Power Cooker Express™ is free of defects in materials and workmanship and will, at its option, repair or replace any defective Power Cooker Express™ that is returned to it. All parts and components of the Power Cooker Express™ are warranted for 60 days from the original date of purchase. This warranty is valid only in accordance with the conditions set forth below:

Normal wear and tear are not covered by this warranty. This warranty applies to consumer use only, and is void when the product is used in a commercial or institutional setting.

The warranty extends only to the original consumer purchaser and is not transferable. In addition, proof of purchase must be demonstrated. This warranty is void if the product has been subject to accident, misuse, abuse, improper maintenance or repair, or unauthorized modification.

This limited warranty is the only written or express warranty given by the manufacturer. Any implied warranty of merchantability or fitness for a particular purpose on this product is limited in duration to the duration of this warranty. Some states do not allow limitations on how long an implied warranty lasts, so the above limitation may not apply to you.

Repair or replacement of the product (or, if repair or replacement is not feasible, a refund of the purchase price) is the exclusive remedy of the consumer under this warranty. The manufacturer shall not be liable for any incidental or consequential damages for breach of this warranty or any implied warranty on this product. Some states do not allow the exclusion or limitation of incidental or consequential damages, so the above limitation or exclusion may not apply to you.

This warranty gives you specific legal rights, and you may also have other rights which vary from state to state.

PROCEDURE FOR WARRANTY REPAIRS OR REPLACEMENT:

If warranty service is necessary, the original purchaser must pack the product securely and send it postage paid with a description of the defect, proof of purchase, and a check or money order for \$24.99 to cover return postage and handling to the following address:

Power Cooker Express™, P.O. Box 3007, Wallingford, CT 06492.



WE ARE VERY PROUD OF THE DESIGN AND QUALITY OF OUR POWER COOKER EXPRESS™

This product has been manufactured to the highest standards. Should you have any problem, our friendly customer service staff is here to help you. **1-973-287-5169**

UNIT SPECIFICATIONS

MODEL NUMBER	SUPPLY POWER	RATED POWER	CAPACITY OF INNER POT	WORKING PRESSURE	SAFETY WORKING PRESSURE
YBD60-100	AC 120V 60HZ	1000W	6QT	0-55 kPa	65 kPa

SPECIAL FEATURES

01

KEEP WARM MODE

The **KEEP WARM** mode holds and keeps cooked food warm for an unlimited period of time. Foods kept at **KEEP WARM** mode for periods beyond 4 hours may lose their good flavor and texture.

03

STERILE ENVIRONMENT

Pressure Cooking utilizes temperatures up to 236° F (113° C) creating a more sterile and healthier environment when compared to traditional cooking methods.

03

RAPID RELEASE

The Rapid Release feature allows you to lower pressure quickly and completely. To do so, turn the dial on the **CONTROL PANEL** to the **OFF** position. Then carefully turn the **PRESSURE RELEASE VALVE** to the **RELEASE** position. After initial short bursts, leave the **PRESSURE RELEASE VALVE** in the **RELEASE** position until all of the pressure has escaped.

BUILT IN SAFETY FEATURES

01

LID SAFETY LOCK

This unit is equipped with a safety lock mechanism.
DO NOT attempt to open when pressurized.

02

PRESSURE/TEMPERATURE
SENSOR CONTROLS

This unit is equipped with a thermostat to maintain even
heat and pressure.

03

SAFETY RELEASE VALVE

Should the Temperature/Pressure Sensor device malfunction,
causing pressure to build beyond maximum setting, the Safety
Release Valve will automatically release the built up excess
pressure.

NOTE: Make sure all pressure is released before attempting to
open the lid

04

CLOG RESISTANT
FEATURE

Prevents food from blocking the steam release port.

05

SPRING-LOADED SAFETY
PRESSURE RELEASE

Should all safety features listed above fail, this “spring-loaded”
device located beneath the heating element will automatically
lower the Inner Pot, causing it to separate automatically from
the Rubber Gasket (page 8). This will enable the steam and
pressure to automatically escape around the pot Lid, avoiding
a dangerous situation.

06

EXCESS TEMPERATURE
CUT-OFF DEVICE

Should the unit malfunction and cause the internal temperature
to rise beyond the “Safe” limit, this device will permanently
cut-off the power supply and will not reset.



IMPORTANT SAFEGUARDS

SAVE THESE INSTRUCTIONS. FOR HOUSEHOLD USE ONLY.

WHEN USING ELECTRICAL APPLIANCES, BASIC SAFETY PRECAUTIONS SHOULD ALWAYS BE FOLLOWED

ALWAYS be sure the float valve is on correctly before use. Incorrect assembly may prevent the cooker from building pressure or allow steam to come out from the sides of the lid (See page 12 for assembly).

DO NOT touch hot surfaces. Use handles or knobs.

To protect against electric shock **DO NOT** immerse or rinse cords or plugs in water or other liquid.

THIS APPLIANCE SHOULD NEVER BE OPERATED BY CHILDREN AND SPECIAL CARE SHOULD BE TAKEN WHEN THE UNIT IS IN USE IN THEIR PRESENCE.

Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts.

DO NOT operate any appliance with a damaged cord or plug or after the appliance malfunctions or has been damaged in any manner. Return appliance to the nearest authorized service facility for examination, repair or adjustment.

The Power Cooker Express has a back-up feature to prevent malfunction in the event of a power surge. Unplug appliance and allow it to “clear” for 1 hour before plugging it back into the outlet.

Appliance should be operated on a dedicated electrical circuit.

DO NOT use any attachments or utensils that were not recommended or supplied by the manufacturer. The use of attachments not recommended for use by the manufacturer may cause serious hazardous situations including personal injury.

DO NOT use outdoors.

DO NOT let cord hang over edge of table or counter, or touch hot surfaces.

DO NOT place on or near a hot gas or electric burner, or in a heated oven.

EXTREME CAUTION must be used when moving an appliance containing hot oil or other hot liquids.

ALWAYS attach plug to appliance first, then plug cord into the wall outlet. To disconnect, set any control to “Off”, then remove plug from wall outlet.

DO NOT use appliance for anything other than its intended use.

THIS APPLIANCE COOKS UNDER PRESSURE. Improper use may result in scalding injury. Make certain unit is properly closed before operating. See General Operating Instructions on page 9.

NEVER FILL THE UNIT ABOVE THE MAX LINE in the Inner Pot (page 8). When using foods that expand during cooking such as rice or dried beans, follow the recipe for “pressure cooking” those products, and as a rule of thumb, do not fill the unit above the “halfway” point. Overfilling may cause clogging, allowing excess pressure to develop. **SEE INSTRUCTIONS FOR USE.**

BE AWARE that certain foods, such as applesauce, cranberries, pearl barley, oatmeal or other cereals, split peas, noodles, macaroni, rhubarb, and spaghetti, can foam, froth, sputter, and clog the pressure release device (steam vent). Recipes using these items must be followed carefully to avoid problems.

ALWAYS check the pressure release devices for clogs before use.

DO NOT open the Power Cooker Express until the unit has cooled and all internal pressure has been released. If the unit is difficult to open, this indicates that the cooker is still pressurized – do not force it open. Any pressure in the cooker can be hazardous. See General Operating Instructions on page 9.

DO NOT use this pressure cooker for pressure frying with oil.

This appliance has been designed for use with a 3-prong, grounded, **120V ELECTRICAL OUTLET ONLY.** Do not use any other electrical outlet.

The Power Cooker Express generates extreme heat and steam in its operation. All necessary precautions must be taken to avoid fire, burns and other personal injury during its operation.

NEVER OPERATE the unit near any flammable materials such as dish towels, paper towels, curtains, paper plates, etc. When in operation the Power Cooker Express requires sufficient air space on all sides including top and bottom. Always plug the electrical cord directly into the wall outlet. Never use this unit with an extension cord of any kind.

ANYONE WHO HAS NOT FULLY READ AND UNDERSTOOD ALL OPERATING AND SAFETY INSTRUCTIONS CONTAINED IN THIS MANUAL IS NOT QUALIFIED TO OPERATE OR CLEAN THIS APPLIANCE.

IF THIS UNIT FALLS OR ACCIDENTALLY BECOMES IMMERSSED IN WATER, UNPLUG IT FROM THE WALL OUTLET IMMEDIATELY. DO NOT REACH INTO THE WATER!

DO NOT operate this appliance on an unstable surface.

IF THIS APPLIANCE BEGINS TO MALFUNCTION DURING USE, IMMEDIATELY UNPLUG THE CORD. DO NOT USE OR ATTEMPT TO REPAIR A MALFUNCTIONING APPLIANCE!

NEVER FORCE OPEN THE POWER COOKER EXPRESS. If you need to open the lid, turn the dial to off position. Then carefully turn the pressure release valve to the release position to fully release the building pressure inside the cooker. Make sure that all the steam has dissipated from the cooker and the Pressure Valve is fully settled back into the lid shell. Carefully turn the handle counter clockwise. Always open the lid away from you to avoid skin contact with any remaining heat or steam.

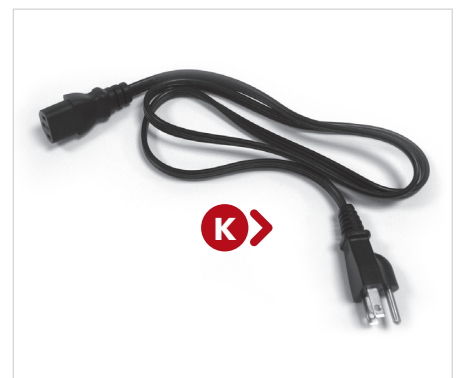
CAUTION: TO REDUCE RISK OF ELECTRIC SHOCK, COOK ONLY IN THE REMOVABLE CONTAINER. Do not immerse the housing or base in water. Before use, clean the bottom of the Inner Pot and the surface of the heater plate ... insert the Inner Pot, turning it slightly clockwise and counterclockwise until you are sure it is sitting correctly on the heater plate. Failure to do so will prevent proper operation and may cause damage to the unit.

CAUTION HOT SURFACES. This appliance generates heat and escaping steam during use. Proper precautions must be taken to prevent the risk of personal injury, fires, and damage to property.

CAUTION: To prevent Plasticizers from migrating from the finish of the counter top or tabletop or other furniture, place NON-PLASTIC coasters or place mats under the appliance. Failure to do so may cause permanent stains, blemishes or darkening to furniture and counter tops.



PARTS AND ACCESSORIES

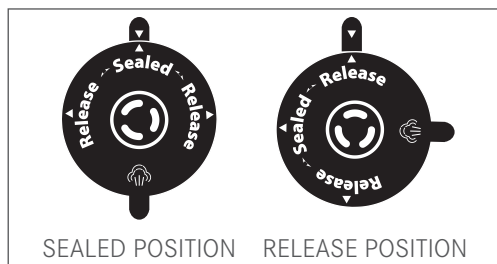




GENERAL OPERATING INSTRUCTIONS

A	CONTROL PANEL
B	BASE
C	INNER POT NOTE: MAX FILL LINE
	Place Inner Pot into the unit. Never load Inner Pot above the MAX line. Rotate the Inner Pot to make certain that it is seated properly.
D	LID
E	LID HANDLE
F	PRESSURE RELEASE VALVE
G	RUBBER GASKET UNDER LID
H	ANTI-CLOG RESISTANT FEATURE
I	FLOATING VALVE
J	LID LOCKING POSITIONS
K	AC CORD
L	STEAMER TRAY
	To steam vegetables and other foods, add liquid to the Inner Pot and place Steamer Tray in the pot so that it rests evenly on the groove. Clean after each use.
M	CONDENSATION COLLECTOR
	Align the collector with the two grooves on the back of the cooker to capture moisture that may drip. Empty and clean after each use.
N	LADLE

PRESSURE RELEASE VALVE POSITIONINGS



CAUTION

This appliance generates heat and escaping steam during use. Proper precautions must be taken to prevent the risk of personal injury, fires, and damage to property.

RECOMMENDED STEPS BEFORE FIRST USE

01

Before using the Power Cooker Express for the first time, wash the **INNER POT (C)**, the **LID (D)** and the **RUBBER GASKET (G)** with warm soapy water. Rinse with clean water and dry thoroughly.

Make sure the **RUBBER GASKET (G)** is seated properly inside the Lid.



* Before locking the lid always make sure nothing is blocking the Pressure Valve or Lid from achieving a tight seal when closed



To ensure correct fitting of the **RUBBER GASKET (G)**, fill the **INNER POT (C)** with water about 2/3 full.

03

Place the **LID (D)** on the cooker and turn the **PRESSURE RELEASE VALVE (F)** to the “Sealed” position by lining up the arrows.



Place Cooker **LID (D)** on Cooker with **LID HANDLE (E)** and **PRESSURE RELEASE VALVE (F)** pointed to the “10:00 o’clock” position Rotate **LID** counterclockwise until the lid is in the locked position.

04

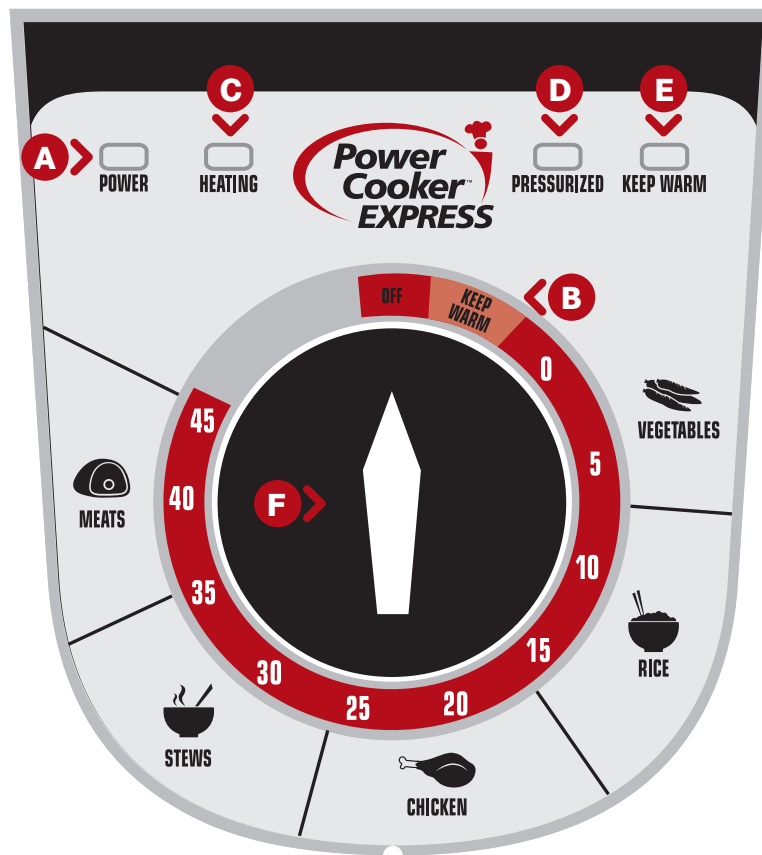
Wait for the unit to pressurize. When pressurized the timer will begin to count down. Once it reaches Zero it will switch to **KEEP WARM**. Turn the dial to **OFF**. Before opening the lid, turn the **PRESSURE RELEASE VALVE** to the **RELEASE** position by lining up the arrows to release steam. Keep hands and face away from the **PRESSURE RELEASE VALVE** when releasing pressure/steam. Once the **FLOATING VALVE** has dropped, and All steam has escaped the lid may be removed.



The **FLOATING VALVE (I)** will drop. Let the appliance cool to room temperature. Pour out the water. Rinse and towel dry the Inner Pot. The Power Cooker Express is now ready for use.



CONTROL PANEL OVERVIEW



A ➤ When first plugged in the Power light will turn on.

B ➤ To start cook process turn dial clockwise to desired time (passed keep warm). Assure that the lid is in the **LOCKED** position, and the **PRESSURE RELEASE VALVE** is in the **SEALED** position.

C ➤ Once you turn the dial passed **KEEP WARM** the **HEATING** light will turn on.

D ➤ Once the pressure has been attained the **HEATING** light will turn off and the **PRESSURIZED** light will come on. The unit will begin counting down time.

When the time has elapsed the unit will switch over to the **KEEP WARM** mode. The **PRESSURIZED** light will turn off and the **KEEP WARM** light will turn on.

E ➤ Note: The **KEEP WARM** button will not light up until the Power Cooker Express has reached the appropriate temperature or finished its cooking cycle.

F ➤ Cook time - you can adjust the cook time anytime during the cooking process by turning the dial.

***NOTE: When attempting to open the lid after any cooking cycle please assure that you manually release ALL pressure. Keep hands and face away from the Pressure Valve when Releasing pressure/Steam**



PRESSURE COOKING GUIDE

NOTE: All pressure cooking modes require the addition of liquid in some form (water, stock, etc). Unless you are familiar with the pressure cooking process, follow recipes carefully for liquid addition suggestions. Never fill inner pot above MAX line. Always use Pressure Release Valve to lower pressure quickly.

VEGETABLES	LIQ/CUPS	APPROX. MIN.	PRESSURE
ASPARAGUS, THIN WHOLE	1	1-2	55 kPa
BEANS, GREEN	1	2-3	55 kPa
BEETS, MEDIUM	1	10	55 kPa
BROCCOLI, PIECES	1	2	55 kPa
BRUSSEL SPROUTS, WHOLE	1	4	55 kPa
CARROTS, 1-INCH PIECES	1	4	55 kPa
CORN, ON-THE-COB	1	3	55 kPa
PEARL ONIONS, WHOLE	1	2	55 kPa
POTATOES, 1 1/2" CHUNKS	1	6	55 kPa
POTATOES, WHOLE, MED	1	10-11	55 kPa
RICE, BROWN / 2 CUPS	18 oz	18	55 kPa
RICE, WHITE / 2 CUPS	2	10	55 kPa
SQUASH, ACORN, HALVED	1	7	55 kPa
SQUASH, SUMMER, ZUCCHINI	1	4	55 kPa

! CAUTION

NEVER OPERATE the unit near any flammable materials such as dish towels, paper towels, curtains, paper plates, etc. When in operation the Power Cooker Express requires sufficient air space on all sides including top and bottom. Always plug the electrical cord directly into the wall outlet. Never use this unit with an extension cord of any kind.

! CAUTION

NEVER FILL THE UNIT ABOVE THE MAX LINE in the Inner Pot (page 8). When using foods that expand during cooking such as rice or dried beans, follow the recipe for "pressure cooking" those products, and as a rule of thumb, do not fill the unit above the "halfway" point. Overfilling may cause clogging, allowing excess pressure to develop.

SEE INSTRUCTIONS FOR USE.

MEATS	LIQ/CUPS	APPROX. MIN.	PRESSURE
BEEF/VEAL, ROAST OR BRISKET	3-4	35-40	55 kPa
BEEF MEATLOAF, 2 LBS	1	10-15	55 kPa
BEEF, CORNED	4	50-60	55 kPa
PORK, ROAST	1	40-45	55 kPa
PORK, RIBS, 2LBS	3	20	55 kPa
LEG OF LAMB	2-4	35-40	55 kPa
CHICKEN, WHOLE, 2-3 LBS	3-4	20	55 kPa
CHICKEN, PIECES, 2-3 LBS	3-4	15-20	55 kPa
CORNISH HENS, 2	1	15	55 kPa
MEAT/POULTRY SOUP/STOCK	4-6	15-20	55 kPa

SEAFOOD/FISH	LIQ/CUPS	APPROX. MIN.	PRESSURE
CLAMS	1	2-3	55 kPa
LOBSTER, 1 1-2 - 2 LBS	1	2-3	55 kPa
SHRIMP	1	1-2	55 kPa
FISH, SOUP OR STOCK	1-4	5-6	55 kPa



CARE AND CLEANING

CLEANING THE SAFETY DEVICES: In addition to the gasket, the other safety devices on the Power Cooker Express must also be cleaned after each use.

The **PRESSURE RELEASE VALVE:** To remove the **PRESSURE RELEASE VALVE**, simply pull up and valve will release from its spring lock mechanism. Apply mild detergent and wash it under warm running water. After cleaning put the **PRESSURE RELEASE VALVE** back in place by pushing it down onto the spring-loaded mechanism. This appliance requires little maintenance. It contains no user serviceable parts. Do not try to repair it yourself. Contact customer service for qualified repair information.

TO CLEAN: After use, unplug unit and allow to cool completely before cleaning. The Power Cooker Express must be cleaned thoroughly after each use in order to avoid staining caused by a build-up of food or cooking residue.

DO NOT POUR COLD WATER INTO A HOT POWER COOKER EXPRESS.

Note: To ensure safe operation of this Power Cooker Express, strictly follow the cleaning and maintenance instructions after each use, should a tiny fragment of food (such as a grain of rice or pea shell) remain in the unit, it could prevent the safety devices from operating during subsequent use.

IMPORTANT: Always remove the **PRESSURE RELEASE VALVE** and clean the opening with a pin to remove any blockage that might have occurred during the cooking process. This must be done after each use. The removable cooking pot and Lid are immersible for cleaning. Rinse cooking pot and Lid under hot running water. Use only a mild liquid detergent and a soft cloth, sponge or nylon scrubber for cleaning. Do not use abrasive powders, bicarbonate of soda or bleach. Do not use scouring pads.

WIPE BASE AFTER EACH USE WITH A SOFT, DAMP CLOTH OR SPONGE, MAKING SURE ALL FOOD RESIDUE IS REMOVED. DO NOT IMMERSE BASE IN WATER.

Unplug and let the Power Cooker Express cool to room temperature before cleaning.

Wash the removable pot with warm, soapy water and clean with a soft cloth or sponge. Rinse off with clean water and towel dry.

When cleaning the **LID**, the **RUBBER GASKET** (page 8, Illustration G) must be removed and washed separately with a sponge or soft cloth and warm, soapy water.

The **RUBBER GASKET** must always be properly positioned on the underside of the **LID**. Check periodically to make sure that it is clean, flexible and not torn. If damaged, do not use this unit.

Wipe the mirror-finished outer Housing with a damp soft cloth or sponge (glass cleaner gives housing a brilliant lustre).

Never use harsh chemical detergents, scouring pads or powders on any of the parts or components.

Always check that the **PRESSURE RELEASE VALVE** and **FLOAT VALVE** are in good working order and debris free.

Note: The **RUBBER GASKET** must be replaced every year, or sooner if necessary. The **RUBBER GASKET** may also need replacing if Power Cooker Express is not used for a long period of time, as it can harden from disuse, making it unable to form an airtight seal. The **RUBBER GASKET** must be replaced only with another one of the correct type and size for this Power Cooker Express.

Warning – Any other servicing should be performed by an authorized service representative.

FLOAT VALVE ASSEMBLY



1. Hold the head of the Float Valve and insert the fluted end into the hole in the Lid of the Power Cooker Express. Press and hold the head of the Float Valve tightly in place and reverse the Lid to the stainless steel side.



2. The fluted end of the Float Valve should be sticking out of the inside of the Lid.



3. Place the silicon gasket onto the fluted end of the Float Valve so it sits in the groove.



4. The Float Valve should be able to move up and down freely only stopping when the silicon gasket meets the Lid.





FREQUENTLY ASKED QUESTIONS

DOES THE POWER COOKER EXPRESS HAVE LEAD IN IT?

No!

WHAT TYPE OF STEEL IS THE UNIT MADE OF?

Stainless Steel

IS IT NORMAL TO HAVE STEAM COME OUT THE SIDES?

If there is steam coming out the sides and the button on top of the Lid is in the closed position, then the Lid has not seated. This sometimes happens when the unit is new. If the gasket is in place try pushing down on the Lid. This should seal the Lid and the steam should stop coming out. It is also important to be sure the Float Valve is assembled correctly. Incorrect assembly may cause steam to come out the sides or prevent pressure from building. The Float Valve should be able to move up and down freely only stopping when the silicon gasket meets the Lid. It is however normal for condensation to appear in the condensation collector. See Float Valve Assembly on Page 12 for correct assembly.

HOW DO YOU ASSEMBLE/DISASSEMBLE THE UNIT?

Refer to the Quick Start Guide.

WHY WOULD THE LID COME OFF WHEN IT SHOULDN'T?

It would only come off if there was no pressure inside, see answer to question 3 above.

HOW LONG DOES IT TAKE FOR THE UNIT TO REACH FULL PRESSURE AND FOR THE COOK TIME CLOCK TO START A COUNT DOWN?

Up to 17 minutes.

CAN YOU CHANGE THE COOK TIME, DURING THE COOKING PROCESS?

Yes! SEE INSTRUCTIONS ON PAGE 10.

CAN YOU LEAVE THE UNIT ON WHEN NOT AT HOME?

Yes! Once the time elapses the **KEEP WARM** will switch on.

CAN YOU PUT FROZEN FOODS IN WITHOUT DEFROSTING?

Yes, remember to add an extra 10 minutes for frozen meats.



TROUBLE SHOOTING

SYMPTOM	POSSIBLE CAUSE	SOLUTION
LID DOES NOT LOCK	The sealing ring is not properly installed	Re-install the sealing ring
CANNOT OPEN THE LID AFTER ALL PRESSURE IS RELEASED	The float valve is still up	Press the float valve down
AIR ESCAPES FROM THE RIM OF THE LID	No sealing ring was installed	Install the sealing ring
	Food residue is on the sealing ring	Clean the sealing ring
	Sealing ring is damaged or worn out	Replace the sealing ring
AIR ESCAPES FROM THE FLOAT VALVE DURING COOKING	Food is stuck on the sealing ring of the float valve	Clean the sealing ring
THE FLOAT WILL NOT RISE	The sealing ring of the float valve is worn out	Replace the sealing ring
	The pressure limit valve is not placed properly	Adjust the pressure limit valve to “Close” position
THE UNIT TURNS OFF WHILE COOKING	The unit overheated	Unplug & let the unit cool for 1 hour to reset





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